

2023 FAQ'S & INFORMATION

- **Online Registration:**
 - T-Shirt Registration: \$40
 - Includes commemorative long-sleeve 2023 Turkey Trot T-shirt
 - Sizes: Adult (small, medium, large, xl, xxl) Youth (small, medium)
 - **T-shirts only guaranteed to participants registered by Nov. 11**
 - Registration (no t-shirt): \$20
 - Includes commemorative 2023 Turkey Trot sticker
 - Does NOT include a Turkey Trot t-shirt.
 - Sleep-in-Option: \$40
 - Not a morning person? Stuck at home cooking the Turkey? Love to watch the Macy's Thanksgiving Day Parade? You can still participate and receive a commemorative long-sleeve T-Shirt
- **Onsite Registration:**
 - Available starting at 7:30am
 - **T-Shirt Registration: \$45**
 - Sizes: Adult (small, medium, large, xl, xxl) Youth (small, medium)
 - T-shirts are first come, first served – NOT GUARANTEED.
 - **Registration (no t-shirt) \$25**
 - Cash, checks & credit cards accepted
- **Pick Up:** Pre-registration packet w/ t-shirts @ Hospitality House Housing & Outreach Center 160 Den-Mac Drive, Boone NC (right next to Hatchet Coffee) Nov. 22 from 10am -6pm. Packets will be available on-site beginning at 7:30 that morning.

- **Start Time:** 9:00 am – 5K Race will kick-off. 9:05 -- Fun Run casual walkers, runners and joggers immediately following.
- **Trot Route Length:** 5K
- **Parking:** Watauga Parks & Recreation, National Guard Armory lots on Hunting Hills Lane
- **Trot Start / Finish:** Clawson-Burnley Park: (355 M.L.K. Jr. Street, Boone NC 28607)
- **First Aid:** provided by Watauga Medics, stationed at Trot start/finish
- **Route Terrain:**
 - **5K RACE:** Greenway Trail + Path – partial paved, partial dirt path with a slight incline around the ½ way point.
 - **FUN RUN / WALK:** Greenway Trail - 100% paved
- Who can participate: **EVERYONE IS WELCOME**
 - runners, walkers, joggers, speed walkers
 - dogs (on leashes)
 - strollers / wagons
 - wheelchairs
- **Weather policy:**
 - Rain, shine or snow – we are a GO: (Some folks no longer have the luxury of being indoors during bad weather. We ask that you remember the purpose of our Trot, be thankful that you have a home to go to and come on out to help those less fortunate.)
 - Snow: plows available and trails will be clear
 - Severe Weather: lightning, flooding, hurricane winds: assessment will be made day of. Check HCTurkeyTrot.org or call (828) 264-1237 if you are unclear.
 - Event cancellation: if event is cancelled for any reason, you can pick up your shirts at Hospitality House and you will receive a THANK YOU letter for your entry fee/ donation.
- **Food Donations:** boxed goods, canned goods, dry goods - coffee, tea, sugar, food cards
- **Donation Drop Bins:** available at on-site registration area
- **Monetary Donations:** Cash, Checks & Credit Cards accepted at on-site registration area
- **Benefiting:** Hospitality House is a 501(c)(3) non-profit organization and sole beneficiary of this event. All registration fees and monetary, food and non-food donations will benefit the people in homeless, crisis and poverty situations that we serve.